



Shriver Family Bike Tour for Sarcoma Research  
June 30<sup>th</sup> - July 5<sup>th</sup>, 2003

Cycling Pledge: I will follow the rules of the road, which are follows:

- I will ride single file when a car or truck is behind me.
- I will never ride more than two abreast. I will not be a road hog. I will yield to riders trying to pass me.
- I will stay on the posted bike path when on the bike tour. **Note:** The various cycle routes are posted with blue signs with a bike and a number of the route. White numbers indicate local routes; red numbers indicate national routes. When no arrow appears below the sign, the route proceeds straight ahead. When an arrow appears, the route turns in the direction of the arrow.

	
Route Proceeds Straight Ahead	Route Proceeds to the Left

- I will ride as far to the right as practical, except when making a left turn, or when going straight at a right turn only lane. In a left turn I do the following:
  - When there is no traffic, go straight forward.
  - Stop and look for traffic. When there is no traffic, I will turn left.



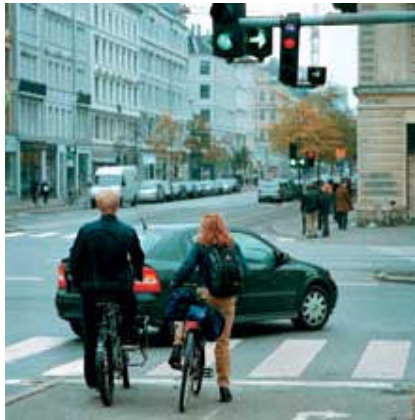
- I will call out my intentions to riders immediately behind me: "Slowing," "Stopping," or "Turning." I will use traffic hand signals when appropriate. When stopping I will raise my hand upwards.



When I turn left/right, I will extend my arm to the left/right horizontally.



- I will point to road hazards and/or call out to riders behind me: "Gravel", "Hole", or "Tracks".
- I will never pass other cyclists on their right hand side; I will always pass them on their left. When passing other cyclists, I will call out "On your left" or use my ring bell if necessary.
- I will wear my helmet at all times while on my bike.
- I will obey all traffic signs and signals. I will watch for special signals for bikers, especially in the cities. Such signals for bikers are smaller than the normal traffic lights and show a bicycle (see the signal to the right on the photo below).



- I will always ride defensively. I will always be aware of other riders, vehicles and pedestrians near me. I will never assume I know what they are going to do.
- I will use common sense and courtesy toward motorists and other cyclists while I am on my bike.
- I will provide immediate adult supervision to my bicycling children under age 16.
- I will not ride before daylight or after dusk unless I have proper lights on my bike.
- If I stop for any reason, I will keep to the right as much as possible.
- **Note:** Sometimes in Denmark there is a blue colored road for cyclists. These roads will be in areas where drivers must take extra care of cyclists.

- **Note:** Normally there is only one direction on a bicycle path. However, some are two-way bicycle paths and they will be so marked (see below).

